



CHIRMI ACHARYA

Chirmi Acharya holds a PhD in psychology which she completed with the support of UGS's JRF/SRF fellowship. Her area of interest in research is dance/performance studies, creativity, women/gender studies and positive psychology.

She is a trained Bharatnatyam dancer and a theatre practitioner. Chirmi has been recipient of Ministry of Culture's Young Artist Scholarship in theatre in which she worked on a project on '**aaharya abhinaya.**'

She is a dance movement therapy facilitator certified by International Dance Council - UNESCO

Educational Qualifications:

- **JRF Scholar** pursuing **Ph.D. in Psychology** from University of Rajasthan
- M.Sc. in Psychology from University of Rajasthan
- Graduation (BSc) from Maharani's College securing 73.5%
- Senior secondary (CBSE board) **91% securing 3rd position at Bhartiya Vidya Bhawan Vidyashram, Jaipur**
- Secondary examination (ICSE board) **90.5% securing 2nd position in Jaipur**

Other Activities:

- Have worked as a PGT Psychology for 2 years for sessions 2015-16 and 2016-17 at Bhartiya Vidya Bhavan Vidyashram, Pratap Nagar, Jaipur.
- **Visharad in Bharatnatyam** from Bhathkhande University, Lucknow
- Dramatics- received **Young Artist Scholarship** (2013-15) in theatre from **Ministry of Culture**
- Was a part of Student's council at college at the undergraduate level
- Have interned at DARE- Because Entrepreneurs Do, an online magazine based in Bengaluru

Research Publications:

- Indian Classical Dances as Yoga: A Route to Powering Positive Psychological Traits- Journal of Psychosocial research, 11(2), 409-415
- Psychological Well Being and Self Esteem: A Study on Indian Classical Dancers- Indian Journal of Positive Psychology, 8(3), 389-391
- Locus of Control as a Predictor of Self Esteem and Achievement in School Going Adolescents- Indian Journal of Health and Well Being, 8(10), 1118-1120

